



Our Vision:

Atrium Health will develop a transformative, clinically integrated and sustainable system of high quality, patient and family centered care to serve the behavioral health needs of patients, their families and the community.

Atrium Health Behavioral Health Services

is committed to developing transformative solutions to improve access to care, promoting early intervention, impacting readmissions and avoidable emergency department visits, addressing social disparities and improving the health of our communities. We have designed an integrated system of behavioral health care, connecting inpatient, outpatient, primary care, school-based and crisis treatment programs, making us the most comprehensive behavioral health care provider in the region.

What Sets Behavioral Health Services Apart?

- The only psychiatric emergency department in the region
- Virtual behavioral health services increase access to care with innovation and technology in our primary care offices (vBHI), EDs (telepsychiatry), outpatient clinics, outpatient therapy and supporting patients following discharge from our emergency departments
- One of only 100 worldwide research programs that is part of the Global Alzheimer's Platform Network
- Expertise across the continuum of care for Severely Persistently Mentally Ill population
- We offer guidance and a range of services with our Carolinas Behavioral Health Collaborative to help clients nationwide successfully navigate the evolving behavioral health space from strategizing to developing to operating
- One of the first Advanced Practice Fellowships of its kind and a model for others across the country

Key Leaders

Wayne Sparks, MD
Senior Medical Director
Behavioral Health Services

Martha Whitecotton, RN, MSN, FACHE
Senior Vice President
Behavioral Health Services

Size & Scope



125+
providers



90+
psychiatrists



198
inpatient beds



475K+
yearly patient encounters



240K+
virtual patient encounters

Service Capabilities

- **12 subspecialties:** emergency psychiatry, psycho-oncology, maternal fetal psychiatry, geriatric psychiatry, child/adolescent psychiatry, addiction medicine, forensic psychiatry (child/adolescent, general, geriatric), neurocognitive medicine, interventional psychiatry, intellectually or developmentally disabled, seriously and persistently mentally ill, psychosomatic medicine
- **Peer Support Services** are offered through specialists with lived experiences of recovery from psychiatric, traumatic and/or substance use challenges
- **Telepsychiatry** completes 12,000+ interventions annually in 23 of our emergency departments, providing a team approach to patient management and placement
- **Eagle Program** is a first episode psychosis program that offers research-based, coordinated specialty care and provides psychiatric services, therapy, supported education and employment and peer support services for patients aged 15-30
- **Addiction Services** span the spectrum of care from the most acute phase requiring hospitalization and medical detox to the transitional phase of outpatient services
- **Interventional & Neurocognitive Psychiatry** offers alternative therapies for treatment/medication-resistant depression, including electroconvulsive therapy (ECT) and transcranial magnetic stimulation (TMS)
- **Virtual Behavioral Health Integration (vBHI)** is located in 50+ primary care practices, supporting nearly 300 ambulatory care providers and providing real time access to medication management, navigation and ongoing health coaching
- **Maternal Wellness Program** offers an innovative wellness program for mothers (during and after pregnancy) to get the care they need from experts, including innovative programming for pregnant mothers fighting addiction
- **Zero Suicide** Initiative involves training in suicide prevention and treatment and care management for those at high risk after they leave our behavioral health inpatient facilities
- **Sandra and Leon Levine Psychiatry Residency Program** focuses on cutting edge care delivery and training the future leaders of psychiatry with a unique state of the art clerkship for third and fourth year medical students

Awards & Distinctions

- **2019**
American College of Emergency Physicians Innovation in Acute Care Suicide Prevention Award
- **2017**
Fast Company Innovation by Design in Health Honoree
- **2017**
National Council Awards of Excellence in Whole Person Care
- **2016**
National Council Awards of Excellence in Health Information Technology
- **2014**
Hospital Engagement Network Achieving Bold Aims and Creating Safer Care Award



AtriumHealth.org



Our Mission:

To Improve **HEALTH**, elevate **HOPE** and advance **HEALING**
– FOR ALL

Our Vision:

To be the **FIRST** and **BEST CHOICE** for care

Atrium Health is a nationally recognized leader in shaping health outcomes through innovative research, education and care. Headquartered in Charlotte, NC, Atrium Health is an integrated, not-for-profit healthcare system with over 55k teammates at nearly 40 hospitals and hundreds of care locations throughout the Carolinas and Georgia. Atrium Health provides top-ranked pediatric, cancer and heart care, as well as specialized musculoskeletal programs and organ transplants. Ranked among USNWR Best Hospitals for cancer treatment and in 8 different pediatric specialties, it has also received the American Hospital Association's Quest for Quality Prize and was the recipient of the 2020 Centers for Medicare & Medicaid Services Health Equity Award for its efforts to reduce racial and ethnic disparities in care. Its flagship hospital, Atrium Health's Carolinas Medical Center, is the region's only Level I trauma center and is rated among the nation's best. Atrium Health is also an innovator in virtual care and mobile medicine. With a commitment to the communities it serves, Atrium Health has provided nearly \$2 billion per year in uncompensated care and other community benefits over the past three years.

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